

# Allergen information and Dietary guide 

REVIEWED ON 25.01.2024

## Allergens Note :

Every dish in colaba is prepared in small kitchens that handle allergens. if you have a food allergy, intolerance or sensitivity, please let your server know every time you visit, before you order. the manager on duty will personally take and deliver your order, whilst the chef on duty will personally prepare your food as you require. this may mean that your meal may take a little longer than normal to prepare, whilst we take every care to prevent cross-contamination. please note, we cannot guarantee that your dish will be free from allergenic ingredients, as dishes are prepared in areas where these ingredients are present.

Delivery \& Collection Orders : Please note if you have an allergy call us with the order no and speak to the manager on duty as soon as you place the order to ensure we prepare your food as required.

## DISHES AND THEIR ALLERGEN CONTENT - COLABA -SMALL PLATES

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|  | Celery | Cereals containin g gluten | Crustaceans | Eggs | Fish | Lupin | Milk / Yoghurt | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphu $r$ dioxid e |
| Masala Nuts |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BANANA CHIPS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PAPAD |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MASALA PAPPAD |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| VEGETABLE SAMOSA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ONION BHAJI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| TANDOORI FLOWERS / PHOOL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SEV PURI - CHAT BOMBS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES | $\frac{10}{3}$ |  |  | $\int \infty$ | $\mathrm{E}^{\mathrm{m}}$ |  |  |  |  |  |  |  | $)_{0}^{88}$ |  |
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|  | Celery | Cereals containin g gluten | Crustaceans | Eggs | Fish | Lupin | Milk / Yoghurt | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphu dioxid |
| ALOO PAPDI CHAT |  | $\sqrt{0}$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| BOMBAY BHEL |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |
| LEOPOLD CHICKEN WINGS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| OKRA FRIES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PANI PURI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PANEER TIKKA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHILLI CHEESE NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| RAVA FISH FRY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## DISHES AND THEIR ALLERGEN CONTENT -



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|  | Celery | Cereals containin g gluten | Crustaceans | Eggs | Fish | Lupin | Milk / Yoghurt | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphu $r$ dioxid e |
| BUTTER CHICKEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| LAMB SHANK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SEABASS MAPAS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PANEER BUTTER MASALA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HANDI CHICKEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHICKEN KORMA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHICKEN JALFREZI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MURG XACUTI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## DISHES AND THEIR ALLERGEN CONTENT -



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|  | Celery | Cereals containin g gluten | Crustaceans | Eggs | Fish | Lupin | Milk / Yoghurt | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphu $r$ dioxid e |
| SAAG PANEER |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ALOO BHAJI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SAAG ALOO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHANA MASALA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| COLABA DAL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| DAL TADKA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| JEERA ALOO MATTAR |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SAAG MUSHROOM CORN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MAKHNI DAL |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## DISHES AND THEIR ALLERGEN CONTENT -



DISHES AND THEIR ALLERGEN CONTENT - BIRYANI \& BREAD

| DISHEES |  |  |  |  | $\underbrace{\frac{\text { nIII }}{}}$ |  |  |  |  |  |  |  | $0 \int_{0}^{88}$ |  |
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|  | Celery | Cereals containin g gluten | Crustaceans | Eggs | Fish | Lupin | Milk / Yoghurt | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphu $r$ dioxid e |
| VEG BIRYANI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHICKEN BIRYANI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| LAMB BIRYANI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHEESE CHILLI NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ROTI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GARLIC NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GARLIC \& CHILLI NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

DISHES AND THEIR ALLERGEN CONTENT - BIRYANI \& BREAD

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| PESHWARI NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| LACCHA PARATHA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PUDINA LACCHA PARATHA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHEESE NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PUDINA LACCHA PARATHA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KHEEMA NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHIILI CHEESE NAAN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

DISHES AND THEIR ALLERGEN CONTENT - DIPS


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|  | Celery | Cereals containing gluten | Crustacean s | Eggs | Fish | Lupin | Milk / Yoghurt | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphu r dioxid e |
| MANGO CHUTNEY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MIXED PICKLE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| TAMARIND CHUTNEY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MINT CHUTNEY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ICE CREAM |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KULFI |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GAJAR HALWA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GULAB JAMUN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BROWNIE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

